

Ryan Sterling – U12 A Head Coach

First off, I would like to say thank Windsor Minor Hockey for the opportunity to give back to the next generation of hockey players in our community. My staff will consist of myself, Ryan Sterling as Head Coach, Dean Albano as Assistant Coach, Connor Fabel as Assistant Coach, and Ryan Patterson as Trainer.



Ryan Sterling I have been involved with Windsor Minor Hockey for over 12 years as a player, referee, and on-ice helper. This past season me and Ryan Patterson helped coach the U18 AA team and it was a very rewarding experience. I have spent the majority of the last 4 seasons playing for The Amherstburg Admirals the Provincial Junior Hockey League (Jr.C) and the Windsor Aces in the Greater Metro Hockey League (Tier II Jr. A).

Dean Albano was a Windsor Minor Player for 11 years Before Leaving to play for the Lasalle Vipers in the Greater Ontario Junior Hockey League (Jr. B). He then joined the Lakeshore Canadians in the Provincial Junior Hockey League (Jr.C) where He led his team as captain, winning two Southwest Ontario championships and one Provincial Championship.

Connor Fabel was a Windsor Minor Player for 11 years and a referee Before Leaving to play for the Lasalle Vipers in the Greater Ontario Junior Hockey League (Jr. B). He then joined the Lakeshore Canadians in the Provincial Junior Hockey League (Jr.C), winning two Southwest Ontario championships and one Provincial Championship. Connor is also a former figure skater, with over 10 years of experience. He finished his career as a member of the Canada National Development Program. He will be a huge help in improving our team's skating abilities this season.

Ryan Patterson has been at Windsor Minor Hockey for over 12 years as a player, referee, and on-ice helper. He spent his Junior Hockey Career in the Greater Metro Hockey League (Tier II Jr. A) playing for the Windsor Aces. Ryan has a history in Track and Field and will be helping the team with conditioning on and off the ice.

We also plan to have high-level goaltender come to practice throughout the season to help our team's goalies improve their game.

Throughout our hockey careers, we have all learned a lot. We all found that when you are surrounded by a group of kids and parents who love the game, have fun, and are invested in the team you can achieve great things and create memories and friendships that will last a lifetime.

Our Philosophy is that if you work hard and have fun, the sky is the limit! Our Goal for this season is to help our players develop their skills and hockey knowledge! We want to give our team all the tools they need to have a championship Season!

Thanks,

Coach Ryan